

Port Phillip Community Group

Course & Activity Guide

TERM 3

July 21 - Sept 19, 2025



COMMUNITY CONNECT

CHATTY CAFE FRIDAYS

Fridays, 10:30am - 12pm (July 25 - September 19)

> Alma Road Community House, 200 Alma Rd, St Kilda East

FREE Our friendly volunteers will be welcoming people from the neighbourhood and providing information about local services and activities. Come and get to know what's on at your Neighbourhood House.

ARCH NEIGHBOURHOOD CONNECT TALKS

1st Friday of the month, 11am - 12pm

> Alma Road Community House, 200 Alma Rd, St Kilda East

FREE Join us for a series of talks on topics of interest to the local community.

August 1: Canadian Film - Join our resident Canadian (Connor) for an informative talk about the history of the Canadian movie industry and how it differentiates itself from the Hollywood juggernaut.

September 5: Linking Neighbours - Get to know about this exciting program offered by the City of Port Phillip.

October 3: The History of St. Kilda - Presented by local award winning author and historian, Carmel McKenzie.

TE ARAI COMMUNAL GARDENING GROUP

Meets Monthly - Please email for more info

> Te Arai Street, St Kilda East (behind the ARCH neighbourhood house)

If you're interested in gardening in your local community, come join the Te Arai Communal Gardening Group! The group aims to bring community together and beautify the neighbourhood through sustainable garden practices. To find out more information or to register, send us an email: tearaicommunalgardens@gmail.com

ST KILDA'S GOLDEN PAST

FREE Join award winning author and historian Carmel McKenzie for a captivating two-hour guided walk through St Kilda, once Melbourne's most prestigious suburb. This 2km walk will explore the grand homes and intriguing stories of the people who shaped St Kilda in the mid-1800s. Along the way, Carmel will share little-known insights into the suburb's colourful past, drawing on her research and passion for local history.

DATE Thursday October 9
BOOKINGS REQUIRED



Supported by the
City of Port Phillip



LIVING IN PORT PHILLIP

WALKING - MELBOURNE & SURROUNDS

Enjoy nature and connect with other community members on our much loved walks. Enrolments open on the first Wednesday after each walk for the next walk. Walks are easy to moderate grade and participants must be able to walk 5km on a variety of surfaces. Light Lunch is provided.

DATES Saturdays, 9.15am - 3.30pm (August 16 / September 20)
COST \$6 per walk.

Available to Port Phillip residents only

GYM CLASSES

Tuesdays, 2.30pm - 3.30pm

> St Kilda PCYC (Inkerman Road, St Kilda)



JOIN ANYTIME! Kickstart your health and well-being AND meet new people along the way. Classes are held in a welcoming and non-judgmental space. Open to residents of all ages and abilities.

START DATE July 22 - September 23 (10 weeks)

COST \$40 per term or \$5 per class if paid weekly)

Available to Port Phillip residents only

PIER FISHING

1st Wednesday of the month, 10.30am - 12pm

> Kerferd Road Pier, Albert Park



What could be better than casting a line and relaxing by the bay with new friends? Whether you're new to fishing or an experienced angler, the wonderful crew at Elwood Anglers Club will make you feel welcome. This is an all-abilities activity. Come along and enjoy the fun! Equipment and bait is provided.

DATES August 6* / September 3 / October 1

COST FREE

Available to Port Phillip residents only

**Due to Winter Weather Conditions the August 6th Fishing Activity will be replaced by a talk hosted by the Elwood Anglers at the Alma Road Community House at the usual time.*

> Alma Road Community House, 200 Alma Rd, St Kilda East

➔ INTRO TO... LEARNING

INTRO TO DIGITAL DEVICES

Wednesdays, 10am - 12pm

> St Kilda Library Community Room, Carlisle St, St Kilda
OR

Wednesdays, 1pm - 3pm

> Alma Road Community House, 200 Alma Rd, St Kilda East

FREE Learn to use your smartphone, laptop, and/or tablet for everyday on-line needs including: connecting with family and friends, reading the news, listening to music and podcasts, making appointments, shopping, banking and public transport planning.

DATES July 23 - September 17 (9 sessions)

PLANT, HARVEST, EAT

Wednesdays, 9.30am - 12pm

> Alma Road Community House, 200 Alma Rd, St Kilda East

FREE TO JOIN ANYTIME! Would you like to grow your own herbs and vegetables? Join us for a hands-on course where you'll learn to grow fresh produce in raised garden beds and pots. Gain practical experience with gardening tools and techniques, and discover how to apply these skills in your own backyard or balcony. The course will be going on excursions to other community gardens and will introduce pathways to further study in horticulture.

DATES July 23 - September 17 (9 weeks)

FAMILY LEARNING

School Holidays for Kids and Caregivers

> Alma Road Community House, 200 Alma Rd, St Kilda East

Join us for two separate hands-on workshops designed for kids (5-10) and their parent/guardian to enjoy together.

Art Workshop (Session 1) – Explore colour and creativity as you and your child create a masterpiece to take home.

Cooking Workshop (Session 2) – Make tasty, family-friendly recipes and enjoy time in the kitchen together.

No cost and all materials provided. Limited spots – book early!

DATES Session 1: July 9 10am-12:30pm

Session 2: July 16 10am-12:30pm

➔ ARTS & MUSIC

ART ATTACK - CREATIVE ART SKILLS

Thursdays, 10am - 12pm OR 1pm - 3pm

> Alma Road Community House, 200 Alma Rd, St Kilda East

Bring out your inner creativity! Create different forms of art by mastering different techniques in painting, mosaic and more. Then learn how to prepare those works for public display and sale! No prior art experience necessary.

DATES July 24 - September 11 (8 weeks)

COST \$40 per term



➔ EXPRESSION OF INTEREST

INTRO TO HOSPITALITY SKILLS

NEST/Healthy Cooking on a Budget

Tuesdays, 9:45am - 12:30pm

> Christchurch Community Centre, 14 Acland Street, St Kilda 3182

FREE Under the expert guidance of the OzHarvest Nutrition, Education & Skills Training (NEST) team, learn about nutrition, how to cook easy and healthy recipes, store food safely, plan meals and reduce waste, and save money on your food budget. Following this program, there will be an opportunity to gain a Certificate in Safe Food Handling.

DATES Term 4 - Taking Expressions of Interest Now!

YOGA/GENTLE EXERCISE GROUPS

> Alma Road Community House, 200 Alma Rd, St Kilda East

Are you interested in joining a gentle movement, stretching, or yoga class? We're looking for community members who are interested in attending an adaptable, slow-paced exercise class focused on relaxation, mobility, and community connection.

LOW COST

DATES Term 4 - Taking Expressions of Interest Now!

EMPLOYABLE ME!

Essential Job Skills

> Alma Road Community House, 200 Alma Rd, St Kilda East

Are you interested in learning about employment and building your confidence to find work? Join our Employable Me course — a supportive program where you'll explore your strengths, build a resume, practice interview skills, and get job-ready. Suitable for new jobseekers and those re-entering the job market.

DATES - TBA - Taking Expressions of Interest Now!

➔ ARTS & MUSIC

WILD AT HEART - MUSIC SKILLS

Wednesdays, 11am - 2pm

> Sol Green Community Centre (corner of Montague St and Coventry St), South Melbourne

Develop your musical ability in songwriting, recording and performance as an introduction to the music industry or a pathway to a professional career. Contact Wild at Heart on 0402 812 428 for further details and/or to register.

DATES July 23 - September 17 (9 weeks)

COST some costs apply



COMMUNITY PANTRY

The Street Pantry is a community initiative designed to help address food insecurity. We encourage community members to **'give what you can, take what you need'**.

Please ensure that food or hygiene products are unopened, within date and non-perishable.



ST KILDA CHESS CLUB

Mondays, Tuesdays & Thursdays (during school term)

Enjoy a good game of chess! All ages and levels of experience are welcome.

www.stkildachess.org.au



CO-DEPENDENTS ANONYMOUS

A 12-Step support group for people who struggle with co-dependency.

For more information and meeting lists, please visit www.codependentsanonymous.org.au or email codastkilda@gmail.com



Bookings are essential for ALL courses.

Learn Local courses are pre-accredited and aim to provide opportunities for people to participate in learning for a range of purposes including work, education, volunteering and community engagement.

→ **Call us on 9525 8746** for more information and to check your eligibility for a funded place.

Looking to start an activity or group?

The Alma Road Community Centre is here to support you! Whether you want to host a recurring fitness class or hobby group we'd love to help you bring it to life. Get in touch with us today to find out how you can set up and host your own activities at the Centre. Let's make the community stronger, together!



BOOK NOW

call 9525 8746

email arch@ppcg.org.au

website www.ppcg.org.au

FOR MORE INFO:

www.ppcg.org.au/courses-activities

